

ANDERSON UMC

FEBRUARY 2026

LENTEN CALENDAR

40 DAYS OF SACRIFICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Attend Ash Wednesday Worship Genesis 17:7 – God established a Covenant	19 Start a Prayer Journal 2 Samuel 12:13 – God is a forgiving God	20 Write a thank you letter to someone Romans 1:16 – The Good News of Christ	21 Support a local charity during Lent Matthew 18:4 – The innocence of a child
22 Sit quiet and pray	23 Invite someone to church 2 Timothy 1:6-7 – Share your gift with others	24 Pray The Lord's Prayer Psalms 32:5 – Confess your sins to God	25 Hand over worries to God Genesis 4:9 – Be alert and resist sin	26 Be kind to a stranger Luke 7:9 – Use words to build up; not tear up	27 Fast for a day Psalms 121:1-2 – God will never leave you nor forsake you.	28 Read your bible in a new place/ perspective Numbers 21:7-8 – The Lord wants to save you.

LENT
A SEASON OF REFLECTION,
RENEWAL, AND PREPARATION

ANDERSON UMC

MARCH 2026

LENTEN CALENDAR

40 DAYS OF SACRIFICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Thank God for nice things	2 Pray for someone in jail <u>Isaiah 65: 17-18</u> – God sent Jesus to redeem all mankind	3 Give up eating out <u>Exodus 16:4</u> – God will provide	4 Send a note to someone stuck at home <u>Psalms 95-6-7</u> -God deserves our praise and worship	5 Fast from social media <u>John 4:10</u> – The living water will make your heart feel “strangely warmed.”	6 Cook a meatless meal <u>Philippians 2:1-4</u> – There is joy in my Father’s House!	7 Make a gift for a friend <u>Hebrews 2:16-17</u> – Jesus Christ is the way to Salvation
8 Ask for forgiveness from someone	9 Write a personal mission statement <u>Acts 8:1-3</u> – Commit yourself to Christ	10 Be courteous in your attitude <u>James 3:8-10</u> – What you say and how you say it matters	11 Tell someone how you see God using their gifts <u>Luke 21:1-4</u> – When we do not have much, we should give it all for Christ	12 Pray a Lenten prayer of confession <u>Jeremiah 2:13</u> – You must have faith and trust in God	13 Read Micah 6:8 and how it applies to you <u>1 Kings 18:41</u> – God renews and restores	14 Go for a walk and spend time with God <u>Psalms 128:1-2</u> – Happy people love the Lord and are favored by Him
15 Ask someone who need a friend to join you for a meal	16 Write down things you’re grateful for. <u>John 3:16</u> – God sent His only Son so that you can have eternal life	17 Give up eating out <u>Hebrews 11:1-3</u> – God spoke, and nothing became something; God created, and something became everything	18 Attend Lenten Lunch <u>John 3:19-20</u> – Practice the three Ps. Prayer, Praise, & Proclamation	19 Spend time with others <u>Mark 10:46-47</u> – God always has time for you	20 Fast from criticizing others and seek understanding <u>Acts 13:22</u> – God will clean your heart from all sins	21 Read <u>Luke 22:47-53</u> Pray for those who betray you
22 Share your faith story with someone	23 Fast from worrying and trust God <u>Luke 1:30-35</u> Do not be afraid, you have found favor with God	24 Get up early to pray <u>1 Samuel 3</u> – What has God called you to do?	25 Attend Lenten Lunch <u>Isaiah 53:4-6</u> – Jesus bore all our iniquities, transgressions, and infirmities	26 Clean up a common area at home or work <u>Revelation 21:1</u> – God makes all things new	27 Fast from texting <u>Esther 4:14</u> – For such a time as this!	28 Shop for Anderson’s food pantry <u>Jeremiah 29:11</u> – God has a plan for your life
29 Attend Palm Sunday worship experience	30 Attend Holy Week worship experience <u>1 John 5:11-12</u> – Jesus came so that you can live!	31 Recognize your own needs and give them their due. <u>1 Chronicles 4:10</u> – God will bless and enlarge your territory!				

ANDERSON UMC
APRIL 2026

LENTEN CALENDAR
40 DAYS OF SACRIFICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pray The Lord's Prayer <u>Matthew 6:5-13</u> – Prayer is your time to communicate with God	2 Attend Maundy Thursday <u>Luke 24:5</u> – He is risen indeed!	3 Participate in the carry the cross or spread the word. <u>Isaiah 57:1-2</u> – One day, you shall enter into His peace and wear a crown	4 Read the Passion, Death & Resurrection. <u>Luke 19:28-24:53</u>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		